

Dr. Jake Porter
LPC, NCC, CSAT, CMAT, CCPS, CPC
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Education

- Doctor of Education
The Southern Baptist Theological Seminary, Louisville, KY, 2018
Thesis: *Affective Social Neurobiology & Student Formation: A Transdisciplinary Multimethod Study*
- Master of Education in Clinical Mental Health Counseling
Lamar University (CACREP Accredited), Beaumont, TX, 2016
- Master of Theology in Spirituality and Ethics
The Southern Baptist Theological Seminary, Louisville, KY, 2014
- Master of Divinity with Biblical Languages
Southwestern Baptist Theological Seminary, Houston, TX, 2010
- Bachelor of Arts, *Magna Cum Laude*, with majors in Psychology, Music, Philosophy and Religion
Elmira College, Elmira, NY, 2004

Professional Experience

- Assistant Professor of Counseling 2018–present
Director, Doctor of Professional Counseling Program
Houston Graduate School of Theology, Houston, TX
- Founder & President, Psychotherapist 2017–present
Daring Ventures, Counseling, Coaching, & Consulting, LLC, Houston, TX
- Clinical Therapist and Consultant 2017–2019
DM Therapy Services, Houston, TX
- Pastoral Counselor 2013–2016
Inner Loop Counseling, Houston, TX
- Senior Pastor and Pastoral Counselor 2004–2017
First Baptist Church, Mont Belvieu, TX
- Chaplain 2004–2017
Emergency Medical Services, City of Mont Belvieu, TX

Publications and Presentations

- 2021. *A Relational–Psychobiological Approach to Addiction, Betrayal, and Recovery, and Healing*. Keynote Address, Sexual Integrity Leadership Summit, San Antonio, TX.
- 2020. *Trauma–Informed Formation: The Imago Dei and the Wounded Heart*. Annual Conference of the Society of Professors in Christian Education.
- 2020. *Treating Chronic Shame in Sexually Addicted Clients*. Spectrum of Sexuality Summit, Santé Treatment Center, Argyle, TX.
- 2020. *Expanding Emotional Capacities Through the Disclosure Preparation Process*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals.
- 2019. *An Introduction to Couple–Centered Recovery: An Attachment Based Model for Healing from Trauma and Addiction*. Living Truth Ministries, Indianapolis, IN.
- 2019. *The Karpman Triangle: An Experiential Workshop for Couples in Recovery*. Recovery Today, Houston, TX.
- 2019. *Grieving Together Post–Disclosure: A Couple–Centered Recovery® Approach to Healing Attachment Injuries*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2019. *Together, Body and Soul: At the Intersection of Spirituality, Neuroscience, and Sex Addiction Treatment*. National Redeeming Sexuality and Intimacy Conference, Christian Sex Addiction Specialists International, Houston, TX.
- 2019. *Interpersonal Neurobiology and Spiritual Formation: Evidence–Based Best Practices*. Southwest Region Evangelical Theological Society Meeting, New Orleans, LA.
- 2018. *Grieving Together: Rebuilding Trust Post–Disclosure*. Annual Conference, Society for the Advancement of Sexual Health, Virginia Beach, VA.
- 2018. *The Couple–Centered Recovery® Disclosure Model: Utilizing an Attachment–Based Process for Relational Healing*. Annual Symposium Presentation, International Institute for Trauma and Addiction Professionals, Phoenix, AZ.
- 2017. *Helping Clients Understand Attachment: Psychobabble in Layperson’s Language*. Continuing Education Workshop, Inner Loop Counseling, Houston, TX.
- 2017. *Sex Addiction Treatment: Levels of Care and Decision Making*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2017. *Attachment: Ain’t Nothin’ Like the Real Thing*. Recovery Community Education Program, The Outer Circle Club, Houston, TX.
- 2016. *Sexuality, Sin, and Salvation: Toward a Positive Theology of Sexuality*. National Redeeming Sexuality and Intimacy Conference Presentation, International Association of Certified Sexual Addiction Specialists, Colorado Springs, Colorado.
- 2016. *Engaging Adolescents in Recovery from Compulsive Sexual Behavior*. Annual Symposium Presentation, International Institute for Trauma & Addiction Professionals, Phoenix, AZ.
- 2015. *Teens and Porn: Prevention and Recovery*. Annual Conference Faculty Presentation, Texas Association of Addiction Professionals, Houston, Texas.
- 2015. “Sex...” Annual Christ Week Conference Guest Speaker, Elmira College Christian Fellowship, Elmira, New York.
- 2015. *Facilitating Addiction Treatment Groups*. Annual Institute Faculty Presentation, Houston Group Psychotherapy Society, Houston, Texas.
- 2015. Coordinator of Adolescent Treatment Clinicians Network Group, Annual Symposium, International Institute of Trauma and Addiction Professionals, Phoenix, Arizona.
- 2014. *Sex as a Window to the Soul: The Spiritual Dynamics of Human Sexuality*. Southwest Regional Meeting of the Evangelical Theological Society, Fort Worth, Texas.
- 2013. *Songs of Suffering and Sanctification: The Hymnody of Anne Steele*. Puritan Reformed Journal, 5:2, 169-190.

Research Interests

- Transdisciplinary models for understanding neuroscience, human development, spirituality, and theological anthropology
- Affect regulation theory as a model of intervention toward improving relational dynamics of couples in recovery from trauma and addiction
- Understanding and treating relational/developmental trauma as an underlying root of addiction
- Utilizing telehealth research to develop hybrid models of online and in-person treatment for addiction recovery and betrayal trauma

Licenses and Certifications

- Licensed Professional Counselor (License Number: 78173) 2017–present
Texas State Board of Examiners of Professional Counselors
- National Certified Counselor (NCC) 2017–present
National Board for Certified Counselors
- Certified Sex Addiction Therapist (CSAT) 2016–present
International Institute for Trauma and Addiction Professionals
- Certified Multiple Addiction Therapist (CMAT) 2016–present
Specialization in Work and Financial Disorders
International Institute for Trauma and Addiction Professionals
- Certified Clinical Partner Specialist 2021–present
The Association of Partners of Sex Addicts Trauma Specialists (APSATS)
- Certified Daring Way™ Facilitator 2018–present
The Daring Way, Houston, TX
- Certified Pastoral Multiple Addiction Professional (PMAP) 2016–present
Specialization in Work and Money Disorders,
International Association of Trauma and Addiction Professionals
- Certified Clinical Trauma Professional (CCTP) 2015–present
International Association of Trauma Professionals
- Certified Pastoral Sex Addiction Professional (PSAP) 2014–present
International Institute of Trauma and Addiction Professionals
- Online Higher Education Teaching Certification 2014
The Southern Baptist Theological Seminary
- Advanced Certified Human Behavior Consultant 2006
Leadership Institute of America

Professional Development

- CoachRICE Leadership Coaching Program, 2019
The Doerr Institute, Rice University, Houston, TX
- Psychobiological Approach to Couple Therapy (PACT) 2018–2019
Level 2 Training, Austin, TX

- Psychobiological Approach to Couple Therapy (PACT) Level 1 Training, Austin, TX 2018
- EMDR Therapy Training 2018
EMDRIA–Approved Level I Training, Houston, TX
- Extensive training in Emotionally Focused Therapy, Externship, Core Skills Training 1–4, Individual Consultation 2016–2019
- Annual Symposium for Certified Sex Addiction Therapists, International Institute for Trauma and Addiction Professionals 2015–2018
- The Daring Way Facilitator Training, The Daring Way, Houston, TX 2017
- Post-Induction Therapy Training, Pia Mellody, The Meadows 2016
- Multidimensional Partner Trauma Model Training 2016
Association of Partners of Sex Addicts Trauma Specialists, Houston, TX
- Couples Sexual Addiction Recovery Training, International Institute for Trauma and Addiction Professionals 2015
- Spectrum Conference on Addiction Studies 2014
Texas Association of Addiction Professionals, Houston Chapter
- Annual Institute: Interpersonal Neurobiology and Group Therapy 2014
Houston Group Psychotherapy Society
- Community Response Team Training 2007
National Organization for Victim Assistance (NOVA)

Courses Taught

- Human Growth and Development (MAC Program, HGST)
- Addictive Behavior and Treatment (MAC Program, HGST)
- Interpersonal Neurobiology and Counseling Practice (MAC Program, HGST)
- Marriage and Family Dynamics (MAC Program, HGST)
- Doctoral–Level Research in Counseling (DPC Program, HGST)
- Theological Foundations of Christian Spirituality for Counselors (DPC Program, HGST)
- Attachment, Trauma, and Addiction (DPC Program, HGST)
- Advanced Theories of Addiction Treatment (DPC Program, HGST)
- Substance Addiction and Treatment (DPC Program, HGST)

Non-Profit Experience

- Christian Sex Addiction Specialists International (C–SASI) Board Member 2019–present
- The Daring Ventures Initiative, Inc. Founder & President 2018–present
- Elmira College Alumni Association Board of Directors Director 2016–2018
- San Jacinto Baptist Association Moderator & Executive Board Member 2008–2017
- Lake Tomahawk Christian Retreat Center Executive Committee Member 2008–2016

- West Chambers County Ministerial Alliance President 2004–2008

Affiliations and Memberships

- Texas Counseling Association 2018–present
- Global Association for Interpersonal Neurobiology 2017–present
- International Association of Trauma Professionals 2015–present
- American Counseling Association 2015–present
- Houston Group Psychotherapy Society 2014–present
- NAADAC, the Association for Addiction Professionals 2014–present
- International Association of Trauma and Addiction Professionals 2013–present
- Evangelical Theological Society 2005–present
- American Mensa 2010–present
- Psi Chi (National Honor Society for Psychology) 2002–present
- Omicron Delta Kappa (National Honor Society for Leadership) 2003–present